



Preliminary

2025
Scientific
Program

9th WORLD CONGRESS

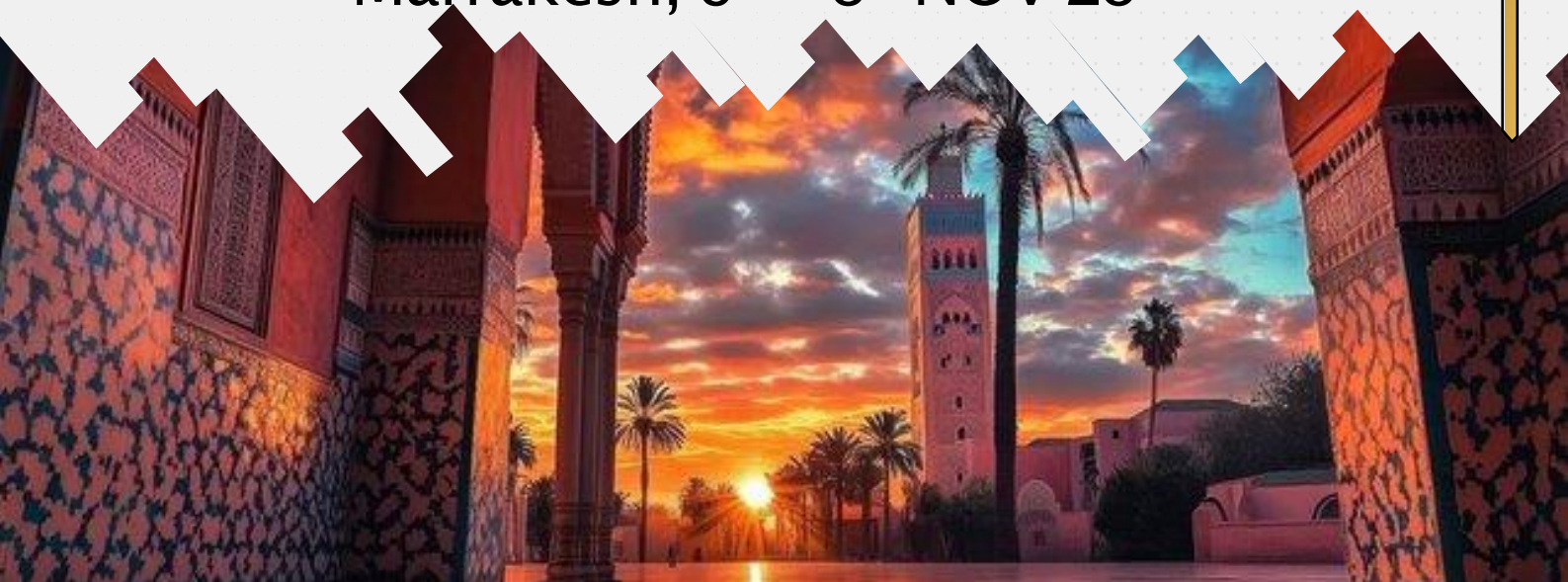
EUROPEAN SOCIETY OF
AESTHETIC GYNECOLOGY

www.esag.org/congress

It's not only about Cosmetic
Gynecology; It's all about modern
Women's Wellbeing, Beauty and
Quality of Life.



Marrakesh, 6th – 8th NOV'25





WELCOME NOTE



Dear Friends,

Following ESAG's tradition, I would like to welcome all of you attending ESAG 9th World Congress, taking place in Marrakesh, Morocco from November 6th to November 8th, 2025.

Once again, ESAG brings together experts from around the world, to Marrakesh to share inspiring innovation and ideas, to our large community.

ESAG's Congresses have come to accrue immense prominence in the sector of Reconstructive, Aesthetic & Regenerative Gynecology; an area which has developed greatly in the past years due to the contributions of exquisite professionals coming from various backgrounds and specialties.

ESAG functions as a host in promoting and expanding the knowledge in the field of Women's Health, Beauty and Wellbeing, by inviting Gynecologists, Plastic Surgeons, Dermatologists, GPs, Family doctors, Sexual Medicine Professionals, Anti-Ageing Medical Professionals, Aestheticians, Nurses.

ESAG's Congresses gather prestigious speakers from all over the globe - experts in the field -to share their knowledge and to present the latest in surgical and non-surgical techniques in Reconstructive, Aesthetic & Regenerative Gynecology. Moreover, our society creates a networking environment in which delegates and technology providers may interact productively.

I am looking forward to welcoming you in Marrakesh.

Sincerely Yours,

A stylized, handwritten signature in black ink, consisting of several loops and a long horizontal stroke.

Alexandros Bader, MD, FAAOCG
Founder & President of ESAG



CHAIRMAN



Alexandros Bader, MD

ORGANIZING COMMITTEE



Alexandros Bader, MD



Maria Papadopoulos, MD

SCIENTIFIC FACULTY



Abraham De La Rosa
(Guatemala)



Abdelilah Lahlali
(Morocco)



Alexandros Bader
(UK)



Alexandra Runnels
(USA)



Ana Maria Mihai
(Romania)



Marco Pelosi III
(USA)



Miklos John
(USA)



Ariel Luksenburg
(Uruguay)



Turkay Shakarova
(Azerbaijan)



Eser Agar
(Turkey)



Blumska-Janiak Marta
(Poland)



Cesar Arroyo
(Spain)



Charles Runels
(USA)



Claudio Catalisano
(Italy)



Dawid Serafin
(Poland)



Jorge Elias
(Argentina)



Maria Papadopoulos
(UK)



Michael Goodman
(USA)



Fernando Aznar
(Spain)



Fisun Vural
(Turkey)



Jorge De Leon Soto
(Guatemala)



Ivan Fistonc
(Croatia)



Hichem Bensmail
(France)



Murat Emanetoglu
(Turkey)



Alaa Alkhateeb
(Jordan)



Leila Khalili
(Iran)



Leylek Ozgur
(Turkey)



Nida Bayik
(Turkey)



Piotr Kolczeswki
(Poland)



Rafal Kuzlik
(Poland)



Stelios Kiosses
(UK)



Tina Batalha
(Brazil)



Reem Nijem
(Jordan)



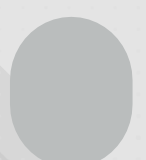
Nalewczynska Agnieszka
(Poland)



Hicham Taarji
(Morocco)



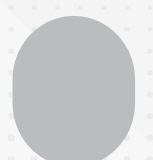
Maria Jose Araujo
(Argentina)



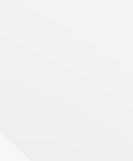
Antonio Posada
(Mexico)



Karina Barszczewska
(Poland)



Jakub Kunkiewicz
(Poland)



Fernanda Andrade
(Brazil)



Ana Lucia Sayeg
(Brazil)



Luisa Guedes
(Brazil)



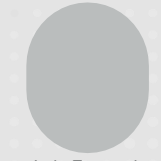
Luis Fernando
Renteria Cabrera
(Spain)



Karina Barszczewska
(Poland)



Jakub Kunkiewicz
(Poland)



Karina Barszczewska
(Poland)



Jakub Kunkiewicz
(Poland)

**ESAG 9th World Congress 2025
has filed an official application to the EACCME for
UEMS/CME accreditation of the congress.
All detailed information will be announced on due course.**

“Through an agreement between the Union Européenne des Médecins Spécialistes and the American Medical Association, physicians may convert EACCME® credits to an equivalent number of AMA PRA Category 1 Credits™. Information on the process to convert EACCME® credit to AMA credit can be found at www.ama-assn.org/education/earn-credit-participation-international-activities”

“Live educational activities, occurring outside of Canada, recognised by the UEMS-EACCME® for ECMEC®s are deemed to be Accredited Group Learning Activities (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.”

CERTIFICATE OF ATTENDANCE

All participating Physicians who wish to receive their Certificate of Attendance with the relevant awarded European CME Credits (ECMEC®s) must first fill in the required questionnaire (the electronic address will be sent to all participants). Then, the relevant Certificate of Attendance will be sent electronically by e-mail.





**9thWORLD
CONGRESS**

MARRAKESH 6th NOV'25

meydene
Experience Marrakech

Live Cases Surgical

MASTER CLASS

BY THE EXPERTS

1st - Morning Session:

07:55 to 09:05:

09:05 to 10:00:

10:20 to 13:40:

MASTER CLASS IN LABIAPLASTY AND CLITOROPEXY

Lectures & video demonstration

1 Interactive Workshop

3 Surgical Live Cases demonstration

2nd - Mid-Day Session:

15:00 to 16:20:

MASTER CLASS IN VAGINO-PERINEAL

Lectures & video demonstration

3rd - Afternoon Session:

16:40 to 17:50:

MASTER CLASS IN VULVO-VAGINAL INJECTABLES & THREADS

2 Live Cases demonstration



MASTER CLASS BY THE EXPERTS

Morning Session: MASTER CLASS IN LABIAPLASTY AND CLITOROPEXY

07:30 – 07:55	REGISTRATIONS & WELCOME COFFEE
07:55 – 08:00	ESAG President Welcome Speech Presentation of the Experts <i>Dr. Alexandros Bader</i>
08:00 – 08:30	Vulvo-Vagina Surgical Anatomy <i>Prof. Dr. Nida Bayik</i>
08:30 – 09:00	Linear OR Wedge? How and when do you decide which technique is best for the patient? <i>Dr. Michael Goodman</i>
09:00 – 09:05	Q&A – Discussion
09:05 – 10:00	How to deal with Red Flag Aesthetic Patients. Interactive Workshop for busy Cosmetic Gynaecologists. Focusing on the emotional journey before and after surgery and how the surgeon can support lasting satisfaction through psychological Informed care. <i>Mr. Stelios Kiosses</i>
10:00 – 10:20	COFFEE BREAK
10:20 – 11:35	Operating Room #1 LIVE CASE 1 – Complex Labiaplasty. <i>Dr. Alexandros Bader</i>
10:50 – 12:05	Operating Room #2 LIVE CASE 2 – Labiaplasty with V-Wedge Technique. <i>Dr. Michael Goodman</i>
11:50 – 13:40	Operating Room #1 LIVE CASE 3 – Clitoropexy and Clitoral Hoodectomy <i>Dr. Ana-Cristina Batalha</i>
13:40 – 15:10	LUNCH BREAK



MASTER CLASS BY THE EXPERTS

Mid - Day Session: MASTER CLASS IN VAGINO-PERINEAL

15:10 – 15:30	Translabial Z-Plasty for correcting the Botched Episiotomy. <i>Dr. Marco Pelosi III</i>
15:30 – 15:35	Q&A – Discussion
15:35 – 15:55	Vaginoplasty <i>Dr. Jorge Elias</i>
15:55 – 16:00	Q&A – Discussion
16:00 – 16:15	Hymenoplasty. How you should do it to secure results. Step by Step <i>Dr. Abdelilah Lahlali</i>
16:15 – 16:20	Q&A – Discussion

16:20 – 16:40

COFFEE BREAK

Afternoon Session: MASTER CLASS IN VULVO-VAGINAL INJECTABLES & THREADS

16:40 – 17:15	Operating Room #2 LIVE CASE 4 - Botulinum Toxin Application treating Vaginismus. <i>Dr. Ana-Maria Mihai</i>
17:15 – 17:50	Operating Room #1 LIVE CASE 5 - Threads for Labia Majora Lifting. <i>Dr. Maria Jose Araujo</i>

END OF MASTER CLASS & CERTIFICATION



CONG RESS_ PROG RAM

November 7th, 2025 – Friday

SESSION 1	07:00 – 08:00	Registrations
	07:00 – 08:00	Congress Opening
	Chairpersons: <i>Alexandros Bader</i>	
	08:00 – 08:05	Congress opening and welcome speech <i>Alexandros Bader (UK)</i>
	08:05 – 08:20	Anatomical Approach in Aesthetic Gynaecology. <i>Prof. Dr. Nida Bayik (UK)</i>
	08:20 – 08:55	Anxiety, Body Image and Somatic Symptom Issues in Cosmetic Gynaecology Practice. How to avoid trouble and stay out of it. <i>Dr. Michael Goodman (USA)</i>
	08:55 – 09:00	Q&A

SESSION 2	09:00 – 10:05	SMGER (Moroccan Aesthetic and Regenerative Gynaecology Society)
	Chairpersons: <i>Abdelilah Lahlali</i>	
	09:00 – 09:15	Innovative treatment for Lichen Sclerosis <i>Dr. Imane Serroukh (Morocco)</i>
	09:15 – 09:30	RF, LASER, HIFU, HIFEM: What is the best EBD to treat vaginal laxity? <i>Dr. Hicham Ben Abbes Taarji (Morocco)</i>
	09:30 – 09:45	Botulinum Toxin in vaginismus <i>Dr. Larbi Bardach (Morocco)</i>
	09:45 – 10:00	Vulvo-Vaginal Lifting. <i>Dr. Abdelilah Lahlali (Morocco)</i>
	10:00 – 10:05	Q&A

SESSION 3	10:05 – 10:55	
	Chairpersons: <i>Alexandros Bader</i>	
	10:05 – 10:20	Laser application in the SUI treatment. Clinical data. <i>Prof. Dr. Ivan Fistonic (Croatia)</i>
	10:20 – 10:35	Effective methods of combining different EBDs in the treatment of SUI & vaginal relaxation syndrome-the state of art. <i>Dr. Marta Blumska-Janiak (Poland)</i>
	10:35 – 10:50	Vaginal HIFU. <i>Dr. Alaa Alkhateeb (Jordan)</i>
	10:50 – 10:55	Q&A

10:55 - 11:15

COFFEE BREAK



SESSION 4	11:15 – 12:05	
	Chairpersons: Alexandros Bader	
	11:15 – 11:30	Systematic Review of THE Usefulness of Subcutaneous and Submucosal Threads in Aesthetic, Regenerative & Functional Gynaecology. <i>Dr. Luis Fernando Renteria Cabrera</i>
	11:30 – 11:45	The Non-Surgical Vaginal Tightening with COG Threads. <i>Dr. Ozgur Leylek (Turkey)</i>
	11:45 – 12:00	Clitoral Hood Plasty types, ways of management for different types of clitoral hood and complications. <i>Dr. Reem Nijem (Jordan)</i>
	12:00 – 12:05	Q&A

SESSION 5	12:05 – 12:55	
	Chairpersons: Alexandros Bader	
	12:05 – 12:20	Surgical Reduction of the clitoral gland. <i>Dr. Rafal Kuzlik (Poland)</i>
	12:20 – 12:35	Labiaplasty Wound Dehiscence. How to Avoid It. <i>Dr. Dawid Serafin (Poland)</i>
	12:35 – 12:50	Double-Folded Labiaplasty. The way I deal with it. <i>Alexandros Bader (UK)</i>
	12:50 – 12:55	Q&A

SESSION 6	12:55 – 13:35	
	Chairpersons:	
	12:55 – 13:30	New Tech Means to treat typical female genitalia organs disorders before & after menopause. <i>Dr. Claudio Catalisano</i>
	13:30 – 13:35	Q&A

13:35 - 14:35 LUNCH BREAK

SESSION 7	14:35 – 15:40	ISCG (International Society of Cosmetogynecology)
	Chairpersons: Dr. Marco Pelosi III	
	14:35 – 14:55	Cosmetic Gynaecology Overview. <i>Dr. Marco Pelosi III (USA)</i>
	14:55 – 15:15	One-Off Unusual Genital Cosmetic Procedures <i>Dr. Michael Goodman (USA)</i>
	15:15 – 15:35	TBA XXXXXXX
	15:35 – 15:40	Q&A

SESSION 8	15:40 – 16:45	JINKOZ (Association of Pelvic Reconstruction and Cosmetic Gynaecology)
	Chairpersons: Prof. Dr. Nida Bayik	
	15:40 – 15:55	Pelvic Floor Evaluation by Ultrasound. <i>Prof. Dr. Fisun Vural (Turkey)</i>
	15:55 – 16:10	Depigmentation Techniques. Advantages and Disadvantages. <i>Dr. Murat Emanetoglu (Turkey)</i>
	16:10 – 16:25	Laser in Gynaecology. Expectations and Reality. <i>Dr. Eser Agar (Turkey)</i>
	16:25 – 16:40	Tissue-Preserving Vaginoplasty. <i>Prof. Dr. Nida Bayik (Turkey)</i>
	16:40 – 16:45	Q&A

16:45 - 17:00 COFFEE BREAK

SESSION 9	17:00 – 18:35	LIAGREF
	Chairpersons: Dr. Jorge Elias	
	17:00 – 17:15	Early Lichen: the challenge of diagnosis. <i>Dr. Jorge Elias (Argentina)</i>
	17:15 – 17:30	GSM: A Comparative Study Of Testosterone Pellets Vs Co2 Laser Therapy Vs Combined Approach <i>Dr. Jorge de Leon Soto (Guatemala)</i>
	17:30 – 17:45	The use of Lasers to treat Oncological Patients. <i>Dr. Antonio Posada (Mexico)</i>
	17:45 – 18:00	Intimate Threads in Vulvar Rejuvenation: Functional and Aesthetic Benefits in Gynaecology. <i>Dr. Maria Jose Araujo (Argentina)</i>
	18:00 – 18:15	Importance of integrating Functional Medicine principles in BHRT <i>Dr. Abraham De La Rosa (Guatemala)</i>
	18:15 – 18:30	Luksenburg Systems Plus, a minimally invasive, outpatient procedure based on the pathophysiology of SUI <i>Dr. Ariel Luksenburg (Uruguay)</i>
	18:30 – 18:35	Q&A



SESSION 10	08:00 – 09:05	
	Chairpersons: Alexandros Bader	
	08:00 – 08:15	Innovative Approaches in the Treatment of Vaginismus: Botox, PRP, and Hyaluronic Acid Fillers. <i>Dr. Nikolaos Naoum (Greece)</i>
	08:15 – 08:30	A Decade of Data Regarding the Injection of PRP and/or Inco-Botulinum Toxin A for the Treatment of Female Sexual Dysfunction <i>Dr. Charles Runels (USA) & Dr. Alexandra Runnels (USA)</i>
	08:30 – 09:00	Beyond the procedure, supporting Long-Term Satisfaction in Aesthetic Gynaecology. <i>Mr. Stelios Kiosses (UK)</i>
	09:00 – 09:05	Q&A

SESSION 11	09:05 – 10:10	BSARG (Balkan Society of Aesthetic and Reconstructive Gynaecology)
	Chairpersons: Dr. Ana-Maria Mihai	
	09:05 – 09:20	Lasers in Function and Aesthetic Gynaecology. Efficacy and Safety. <i>Prof. Dr. Ivan Fistoncic (Croatia)</i>
	09:20 – 09:35	Hyaluronic Acid application in GSM and Oncological patients. <i>Dr. Nikolay Nikolov (Bulgaria)</i>
	09:35 – 09:50	EXOSOMES in Functional and Aesthetic Gynaecology. <i>Dr. Murat Emanetoglu (Turkey)</i>
	09:50 – 10:05	Mastering PRP in Aesthetic Gynaecology. What every Gynaecologist should know. <i>Dr. Ana Maria Mihai (Romania)</i>
	10:05 – 10:10	Q&A

10:10 - 10:35

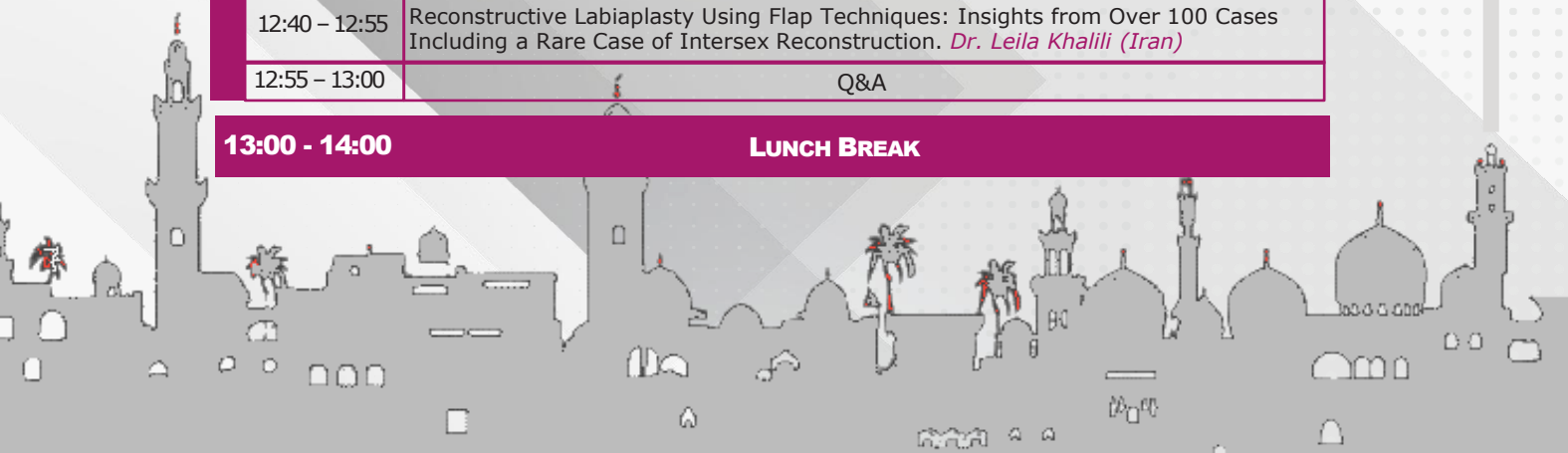
COFFEE BREAK

SESSION 12	10:35 – 11:25	PSPG (Polish Society of Plastic Gynaecology)
	Chairpersons: Dr. Rafal Kuzlik	
	10:35 – 10:50	In-office Vaginal Anterior wall repair. <i>Dr. Rafal Kuzlik (Poland)</i>
	10:50 – 11:05	Botched labiaplasty. Review of various techniques to correct (video) <i>Dr. Piotr Kolczewski (Poland)</i>
	11:05 – 11:20	Combined Therapies for Vulvar Lichen. <i>Dr. Karina Barszczewska (Poland)</i>
	11:20 – 11:25	Q&A

SESSION 13	11:25 – 13:00	
	Chairpersons: Dr. Maria Papadopoulou	
	11:25 – 11:40	Bioidentical Hormonal Replacement Therapies vs Traditional HRT. Differences, Benefits & Follow-up. <i>Dr. Maria Papadopoulou (UK)</i>
	11:40 – 11:55	Beyond Vaginal Dryness. HA's Long-Term Results, a randomized controlled study. <i>Dr. Hichem Bensmail (France)</i>
	11:55 – 12:10	Evaluation of the Efficacy and Safety of PRP Combined with Non-Crosslinked Hyaluronic Acid Administered into the Vaginal Vestibule Compared to Saline Injection in Patients with Dysuria <i>Dr. Nalewczynska Agnieszka (Poland)</i>
	12:10 – 12:25	Clitoropexy vs Clitorectomy. How to decide on the technique? <i>Dr. Dulce Henriques (Brazil)</i>
	12:25 – 12:40	The role of the Pelvic Floor Ultrasound in evaluating the effectiveness of the Electromagnetic Energy Application in patients with Stress Urinary Incontinence. <i>Dr. Turkyay Shakarova (Azerbaijan)</i>
	12:40 – 12:55	Reconstructive Labiaplasty Using Flap Techniques: Insights from Over 100 Cases Including a Rare Case of Intersex Reconstruction. <i>Dr. Leila Khalili (Iran)</i>
	12:55 – 13:00	Q&A

13:00 - 14:00

LUNCH BREAK



SESSION 14	14:00 – 15:05	ABGREF (Brazilian Academy of Regenerative Gynaecology)
	Chairpersons: <i>Dr. Ana-Cristina Batalha, Dr Fernando Carvalho</i>	
	14:00 – 14:15	The Healing Power of Light: How Does Light Restore Intimate Health? <i>Fernanda Andrade (Brazil)</i>
	14:15 – 14:30	Beyond Steroids: Regenerative Algorithms for Vulvar Lichen Sclerosis in Real-Life Patients <i>Ana Lucia Sayeg (Brazil)</i>
	14:30 – 14:45	The use of biostimulators and fillers for laxity of the labia majora: when to indicate and when to contraindicate <i>Dr. Luisa Guedes (Brazil)</i>
	14:45 – 15:00	Botulinum Toxin in Regenerative Gynecology: Innovations and Clinical Applications. <i>Dr. Ana Cristina Batalha (Brazil)</i>
	15:00 – 15:05	Q&A

SESSION 15	15:05 – 16:10	SEGERF (Spanish Society of Regenerative, Aesthetic and Functional Gynecology)
	Chairpersons: <i>Dr. Cesar Arroyo, Dr. Fernando Aznar</i>	
	15:05 – 15:20	Lipedema, An Integrative Perspective from Regenerative Gynecology <i>Dr. Raquel Campos (Spain)</i>
	15:20 – 15:35	The Restorative Value Of Intimate Surgery In Women 'S Lives: A Case Perspective <i>Dr. Raquel Tulleuda Spain)</i>
	15:35 – 15:50	Intimate Area Dyschromia <i>Dr. Cesar Arroyo (Spain)</i>
	15:50 – 16:05	Regenerative Treatment Algorithm for Superficial Dyspareunia <i>Dr. Fernando Aznar (Spain)</i>
	16:05 – 16:10	Q&A

16:10 - 16:25

COFFEE BREAK

SESSION 16	16:40 – 18:30	
	Chairpersons: <i>Dr. Alexandros Bader</i>	
	16:25 – 16:40	Depitelisation technique with CO2 laser. Posterior Wedge Labiaplasty. <i>Dr. Jakub Kunkiewicz (Poland)</i>
	16:40 – 16:55	Rectocele Repair at Vaginoplasty. <i>Dr. Marco Pelosi III (USA)</i>
	16:55 – 17:10	TBA XXXXXXX
	17:10 – 17:25	Labiaplasty Reconstruction with a Rotating Flap. <i>Dr. Dawid Serafin (Poland)</i>
	17:25 – 17:40	Clinical approach and Surgical management for saggy Labia Majora. <i>Dr. Alexandros Bader (UK)</i>
	17:40 – 17:55	Hymenoplasty surgery. <i>Dr. Michael Goodman (USA)</i>
	17:55 – 18:00	Q&A

END OF CONGRESS





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