

European Society of Aesthetic Gynecology | ESAG

Scientific Program

Master Class

in Hormonal imbalances, Nutrients & IV treatments in Women

Course Faculty

Maria Papadopoulou, MD, ABAARM – Hormones Imbalance and Aesthetic Gynecology

Venue

“Bader Medical Institute of London”

Address: 75 Harley Street W1G 8QL London

Certification

All delegates will receive a Certificate of Completion issued by The European Society of Aesthetic Gynecology “ESAG”

Preliminary Scientific Program

Thursday, February 12th, 2026:

09:00 – 09:15	Registration & Welcome Coffee
9.15- 9.45 Lecture Dr. Maria Papadopoulou	Understanding the Female hormones
9.45 – 10.15 Lecture Dr. Maria Papadopoulou	Cortisol and its significant role in the balancing of Female hormones
10:15 – 10:30 Lecture Dr Maria Papadopoulou	The role of Androgens in Females
10:30 – 10:55 Lecture Dr Maria Papadopoulou	The importance of E/P
10:55 – 11:15 Lecture Dr Maria Papadopoulou	Adrenal glands Cortisol/DHEA balance
11.15 – 11.30	Coffee break
11.30 - 12.15 Lecture Dr Maria Papadopoulou	Where to test and how
12.15 – 13.00 Lecture Dr Maria Papadopoulou	Treatment protocols
13:00 – 13:15 Lecture Dr Maria Papadopoulou	How to find a compound pharmacy
13:15 – 14:15	Lunch break
14:15 – 15.30 Lecture Dr. Maria Papadopoulou	Understanding Nutrients & Herbs -Important role of adaptogens
15:30 – 15:45 Lecture Dr Maria Papadopoulou	Heavy Metals & environmental pollutants
15:45 – 16:30 Lecture Dr Maria Papadopoulou	Introduction of IV treatment, Safety, Documentation, Potential complications, treatment protocols
16.30 - 17.00 Lecture Dr Maria Papadopoulou	Patient models/treatment approach
<i>Photos and Certificates</i>	

Disclaimer

Please note that course curriculum and live cases / surgeries covered are assured. Although the order and scheduled times of live cases / surgeries might change depending on the final course schedule and the number of participants.